"Many men go fishing all of their lives without knowing that it is not fish they are after."
Henry David Thoreau

Cook's Corner
Roasted Cod & Shrimp In Tomato Sauce

Are you looking to add more fish to your weekly menu rotation but struggle with finding easy ways to make fish? Here’s a healthy recipe that is certain to become a favorite. At our house we like to serve this luscious dish over a bed of cooked orzo (or other cooked pasta), with lemon slices, Parmesan cheese and a good, toasty bread. But we've also enjoyed this as a "soup". In addition to the cod and shrimp, you could also add some bay scallops, or fresh mussels. The roasted tomato sauce is also a great technique for making a savory sauce, even without the seafood, for your favorite pasta. I really hope you enjoy this one, it's a keeper. Bon appetit!

1 (28 oz) can of whole, peeled tomatoes, crushed by hand
1 onion, sliced
2 Tbsp minced garlic
½ cup of good red wine
¼ cup olive oil
3 Tbsp of capers, or a palmful of pitted black olives
½ tsp crushed red pepper
1 tsp dried basil
1 tsp dried oregano
2 Tbsp balsamic vinegar
1 Tbsp sugar
Salt & pepper, fresh ground
6 to 12 oz cod fillets
½ to 1 lb raw shrimp, thawed & peeled
Parsley for serving
Cooked orzo or other pasta (optional)

Heat oven to 425. In an oven proof pot, such as a Dutch Oven, combine tomatoes (crush them with your hands), onions, wine, olive oil, crushed red pepper, basil, oregano, balsamic vinegar, sugar, and the capers or olives, season with salt & pepper. Transfer the pot to the oven and roast the sauce until it thickens, for about 40 to 45 minutes.

Meanwhile, pat the cod fillets dry with paper towel, then season with salt & pepper. Thaw the shrimp and peel.
Add the cod and the shrimp to the roasted tomato sauce, nestle the seafood down into the sauce so it's covered. Return the pot to the oven and continue cooking for another 15 minutes or until the cod and shrimp are done. Before serving top with fresh chopped parsley - MP Christakos

Ice Fishing at Graylag Nature Preserve on Wild Goose Pond

This introductory course will cover tips and other ice fishing equipment, ice safety, knot tying, fish identification, ethics, rules and regulations, and basic winter ecology. Part of NH Fish and Game's "Let's Go Fishing" program, this workshop will give you a chance to give ice fishing a try — you do not need to have a fishing license or any equipment to participate. Led by Stu Stinchfield, longtime friend of Graylag and the stone mason responsible for much of our land art, this will be an in-person, socially-distant event.

Where: Graylag Nature Preserve, 320 Clough Road, Pittsfield, NH. Meet at the Wild Goose Pond fire pit.
When: Saturday, February 6, 2021 (weather and hard water permitting)
Backup date: Saturday, February 20, 2021
Time: 8:30 am – 2:30 pm
For more information, call us at (603) 435-5555 or Email info@graylag.com

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Saturday January 30, 10am, the Town (SB2) Deliberative Session will be held at the PMHS Gym. (the snow date is Feb. 6).

Tuesday February 2, 9-11am Infant Toddler Diaper Pantry, through the First Congregational Church. We ask that you please call 435-7471 when you arrive in the Chestnut Street parking lot, and we will bring diapers and wipes outside for pickup.

Friday January 29 by 5pm - Declarations of Candidacy for School District positions will expire. You may file at the office of the School District Clerk at the Town Hall, 85 Main Street during regular business hours. The declaration form will also be available to download from the Town and School District websites. The following positions are open: School Board Member- 2 (3) year term and School District Moderator 1 (3) year term.

Friday January 29 by 5pm - Declarations of Candidacy for Town Office positions will expire. You may file at the office of the Town Clerk at the Town Hall, 85 Main Street during regular business hours. The declaration forms will also be available to download from the Town website. The following positions are open: Selectman- 2 (3) year term, Town Clerk/Tax Collector 1 (3) year term, Supervisor of the Checklist 1 (1) year term, Trustee of Trust Funds 1 (3) year term. Library Trustee 1 (3) year term, Cemetery Trustee 1 (3) year term, Planning Board 2 (3) year term and Zoning Board of Adjustment 2 (3) year term.

PMHS Winter Athletic Season - All home games at PMHS will be streamed live on Facebook @pmhsathletics. Unfortunately our gym does not allow us the capability of allowing fans in for home games due to COVID-19 regulations. We hope you will watch the games on Facebook and we appreciate the support! GO PANTHERS!!

The Pittsfield Youth Workshop (PYW) is really looking forward to seeing everyone (virtually). Activity packages for the next two weeks are ready for pick-up. To schedule a pick up time, or to visit the PYW Pantry, email or call us, 435-8272 info@pittsfieldyouthworkshop.com

Senior Center- Community Lunch and Meals to Go: Curbside Pickup on Mondays & Thursdays - We are offering our meals to go on Mondays and Thursdays. If you have participated in centers community dining and you are over 60 then this service is available for you. Please call 435-8482 for more information.

Globe Community Fund - Is your organization a 501c3? The Globe Community Fund was established by the former fourth-generation family owners of Globe Manufacturing Company in Pittsfield. This donor-advised fund is administered by the New Hampshire Charitable Foundation. The fund's purpose is to enhance community well-being with a focus on the towns of Pittsfield, Barnstead, Epsom, Northwood, Gilmanton, and Chichester. For more information and an application, email the fund at GlobeCommunityFund@globefiresuits.com

Happy Birthday wishes to Bill Provencal & Cheyenne Snedeker on Friday (my birthday buddies!). I hope you both enjoy your special day!

Express your Opinion!
Town and School District meetings and election season is right around the corner. Do you have some burning questions or opinions you would like to share? Are you a candidate for an elected position in Pittsfield? You can promote your ideas or candidacy in the Post.

Submission Guidelines:
Identify yourself and provide contact information
300 words or less, information with specific and exceptional knowledge can exceed the 300 word limit at the discretion of the Post content team.
Topics can include events, issues and opportunities about or affecting Pittsfield.
Please be civil, factual, specific and clear.
No information is guaranteed publication.
Submission deadline is noon on Friday via pittsfieldnews@pmhcc.org We look forward to supporting an informed Pittsfield election season, The Post Volunteers

Please support the Pittsfield Post. Checks may be made out to Pittsfield Center Development Corporation, P.O. Box 253, Pittsfield, NH 03263. Donations are tax-deductible. Donations above $50.00 may be acknowledged as Sponsor of the Week. Go to www.pittsfieldpost.org to download a donation form.

Keeping Pittsfield Clean
Have you seen the orange cigarette buckets around town and dog waste bag dispensers? Upgraded versions will be coming in the spring. Also, a reminder, that the buckets are for cigarette butts, not trash and if you use a dog waste bag, please take the bag with you and dispose of it. Thank you everyone, for being part of keeping Pittsfield tidy!
### February Calendar of Events

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>Monday</td>
<td>11am-2pm</td>
<td>Pittsfield Food Pantry</td>
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<td>10am-6pm</td>
<td>Josiah Carpenter Library</td>
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<td>11am-7pm</td>
<td>Town Hall</td>
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<td>Tuesday</td>
<td>2pm-6pm</td>
<td>Josiah Carpenter Library</td>
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<td>10am-4pm</td>
<td>Pittsfield Clothes Closet</td>
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<td>8am-4pm</td>
<td>Town Hall</td>
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<td>Wednesday</td>
<td>2pm-6pm</td>
<td>Josiah Carpenter Library</td>
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<td>Pittsfield Clothes Closet</td>
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<td>1-4pm</td>
<td>Town Hall</td>
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<td>Thursday</td>
<td>11am-2pm</td>
<td>Pittsfield Food Pantry</td>
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<td>Friday</td>
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<td>10am-3pm</td>
<td>Pittsfield Clothes Closet</td>
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<td>1 Monday</td>
<td>7:30pm</td>
<td>American Legion Peterson Cram Post 75 Meeting, Town Hall</td>
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<td>2 Tuesday</td>
<td>9-11am</td>
<td>Diaper Pantry, First Congregational Church</td>
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<td>3 Wednesday</td>
<td>7pm</td>
<td>School District Budget Deliberative Session, PMHS Gym, Snow Date is February 4</td>
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<td>4 Thursday</td>
<td>5:30pm</td>
<td>School Board Meeting, PMHS Lecture Hall and public access via Zoom</td>
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<td>6:00pm</td>
<td>Zoning Board of Adjustment Meeting, Town Hall</td>
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<td>6 Saturday</td>
<td>10am</td>
<td>Snow Date Town Meeting Deliberative Session, PMHS Gym</td>
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<td>9 Tuesday</td>
<td>6pm</td>
<td>Selectboard Meeting, Town Hall</td>
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<td>6:15pm</td>
<td>Parks and Recreation Meeting, Bicentennial Room, Pittsfield Community Center</td>
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<td>11 Thursday</td>
<td>7pm</td>
<td>Planning Board Meeting, Town Hall</td>
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<tr>
<td>13 Saturday</td>
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<td>Josiah Carpenter Library will be closed</td>
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<td>15 Monday</td>
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<td>Josiah Carpenter Library and Town Hall will be closed</td>
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<td>16 Tuesday</td>
<td>9-11am</td>
<td>Diaper Pantry, First Congregational Church</td>
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<td>4:30-6pm</td>
<td>Pittsfield High School Tuition Study Committee Meeting via Zoom</td>
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<td>17 Wednesday</td>
<td>5pm</td>
<td>Library Trustees Meeting, Josiah Carpenter Library</td>
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<td>18 Thursday</td>
<td>5:30pm</td>
<td>School Board Meeting, PMHS Lecture Hall and public access via Zoom</td>
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<td>22-26 Monday</td>
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<td>Monday-Friday Pittsfield School District Winter Break</td>
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<tr>
<td>23 Tuesday</td>
<td>6pm</td>
<td>Selectboard Meeting, Town Hall</td>
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<td>25 Thursday</td>
<td>7pm</td>
<td>Conservation Commission Meeting, Town Hall</td>
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<tr>
<td>26 Friday</td>
<td>10am</td>
<td>Pittsfield Post Volunteers Meeting, Bicentennial Room, Pittsfield Community Center</td>
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**Snow Bunny Hidden Picture**

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**Happy New Year!**

**All the Best in 2021!**

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**From The Pittsfield Historical Society**

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Please show us your support with a donation, or by sponsoring a week of publication.

We look forward to hearing from you!

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- Inspection
- Cutting
- Bagging, Prepping, Sealing

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Every day, the folks at Globe come to work, knowing that what they do will enhance the lives of firefighters everywhere.