

PITTSFIELD POST

A FREE WEEKLY PRODUCTION BY COMMUNITY VOLUNTEERS

January 27, 2021

"Many men go fishing all of their lives without knowing that it is not fish they are after."

Henry David Thoreau



Cook's Corner

Roasted Cod & Shrimp In Tomato Sauce

Are you looking to add more fish to your weekly menu rotation but struggle with finding easy ways to make fish? Here's a healthy recipe that is certain to become a favorite. At our house we like to serve this luscious dish over a bed of cooked orzo (or other cooked pasta), with lemon slices, Parmesan cheese and a good, toasty bread. But we've also enjoyed this as a "soup". In addition to the cod and shrimp, you could also add some bay scallops, or fresh mussels. The roasted tomato sauce is also a great technique for making a savory sauce, even without the seafood, for your favorite pasta. I really hope you enjoy this one, it's a keeper. Bon appetit!

1 (28 oz) can of whole, peeled tomatoes, crushed by hand
1 onion, sliced
2 Tbsp minced garlic
½ cup of good red wine
¼ cup olive oil
3 Tbsp of capers, or a palmful of pitted black olives
½ tsp crushed red pepper
1 tsp dried basil
1 tsp dried oregano
2 Tbsp balsamic vinegar
1 Tbsp sugar
Salt & pepper, fresh ground
6 to 12 oz cod fillets
½ to 1 lb raw shrimp, thawed & peeled
Parsley for serving
Cooked orzo or other pasta (optional)

Heat oven to 425. In an oven proof pot, such as a Dutch Oven, combine tomatoes (crush them with your hands), onions, wine, olive oil, crushed red pepper, basil, oregano, balsamic vinegar, sugar, and the capers or olives, season with salt & pepper. Transfer the pot to the oven and roast the sauce until it thickens, for about 40 to 45 minutes.

Meanwhile, pat the cod fillets dry with paper towel, then season with salt & pepper. Thaw the shrimp and peel. Add the cod and the shrimp to the roasted tomato sauce, nestle the seafood down into the sauce so it's covered. Return the pot to the oven and continue cooking for another 15 minutes or until the cod and shrimp are done. Before serving top with fresh chopped parsley - *MP Christakos*

Ice Fishing at Graylag Nature Preserve on Wild Goose Pond



This introductory course will cover tip ups and other ice fishing equipment, ice safety, knot tying, fish identification, ethics, rules and regulations, and basic winter ecology. Part of NH Fish and Game's "Let's Go Fishing" program, this workshop will give you a chance to give ice fishing a try — you do not need to have a fishing license or any equipment to participate. Led by Stu Stinchfield, longtime friend of Graylag and the stone mason responsible for much of our land art, this will be an in-person, socially-distant event.

Where: Graylag Nature Preserve, 320 Clough Road, Pittsfield, NH. Meet at the Wild Goose Pond fire pit.

When: Saturday, February 6, 2021 (weather and hard water permitting)

Backup date: Saturday, February 20, 2021

Time: 8:30 am – 2:30 pm

For more information, call us at (603) 435-5555 or Email info@graylag.com

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Town Crier Andi Riel, 435-6346

pittsfieldtowncrier@hotmail.com

Saturday January 30, 10am, the Town (SB2) Deliberative Session will be held at the PMHS Gym. (the snow date is Feb. 6).

Tuesday February 2, 9-11am Infant Toddler Diaper Pantry, through the First Congregational Church. We ask that you please call 435-7471 when you arrive in the Chestnut Street parking lot, and we will bring diapers and wipes outside for pickup.

Friday January 29 by 5pm - Declarations of Candidacy for School District positions will expire. You may file at the office of the School District Clerk at the Town Hall, 85 Main Street during regular business hours. The declaration form will also be available to download from the Town and School District websites. The following positions are open: School Board Member- 2 (3) year term and School District Moderator 1 (3) year term.

Friday January 29 by 5pm - Declarations of Candidacy for Town Office positions will expire. You may file at the office of the Town Clerk at the Town Hall, 85 Main Street during regular business hours. The declaration forms will also be available to download from the Town website. The following positions are open: Selectman- 2 (3) year term, Town Clerk/Tax Collector 1 (3) year term, Supervisor of the Checklist 1 (1) year term, Trustee of Trust Funds 1 (3) year term. Library Trustee 1 (3) year term, Cemetery Trustee 1 (3) year term, Planning Board 2 (3) year term and Zoning Board of Adjustment 2 (3) year term.

PMHS Winter Athletic Season - All home games at PMHS will be streamed live on facebook @pmhsathletics. Unfortunately our gym does not allow us the capability of allowing fans in for home games due to COVID-19 regulations. We hope you will watch the games on facebook and we appreciate the support! GO PANTHERS!!

The Pittsfield Youth Workshop (PYW) is really looking forward to seeing everyone (virtually). Activity packages for the next two weeks are ready for pick-up. To schedule a pick up time, or to visit the PYW Pantry, email or call us, 435-8272 info@pittsfieldyouthworkshop.com

Senior Center- Community Lunch and Meals to Go: Curbside Pickup on Monday's & Thursday's - We are offering our meals to go on Mondays and Thursdays. If you have participated in centers community dining and you are over 60 then this service is available for you. Please call 435-8482 for more information.

Globe Community Fund - Is your organization a 501c3? The Globe Community Fund was established by the former fourth-generation family owners of Globe Manufacturing Company in Pittsfield. This donor-advised fund is administered by the New Hampshire Charitable Foundation. The fund's purpose is to enhance community well-being with a focus on the towns of Pittsfield, Barnstead, Epsom, Northwood, Gilmanton, and Chichester. For more information and an application, email the fund at GlobeCommunityFund@globefiresuits.com

Happy Birthday wishes to Bill Provencal & Cheyenne Snedeker on Friday (my birthday buddies!). I hope you both enjoy your special day!

Express your Opinion!

Town and School District meetings and election season is right around the corner. Do you have some burning questions or opinions you would like to share? Are you a candidate for an elected position in Pittsfield? You can promote your ideas or candidacy in the *Post*.

Submission Guidelines:

Identify yourself and provide contact information
300 words or less, information with specific and exceptional knowledge can exceed the 300 word limit at the discretion of the *Post* content team.

Topics can include events, issues and opportunities about or affecting Pittsfield.

Please be civil, factual, specific and clear.

No information is guaranteed publication.

Submission deadline is noon on Friday via pittsfieldnews@pmhcc.org We look forward to supporting an informed Pittsfield election season, *The Post Volunteers*

Please support the **Pittsfield Post**. Checks may be made out to Pittsfield Center Development Corporation, P.O. Box 253, Pittsfield, NH 03263. Donations are tax-deductible. Donations above \$50.00 may be acknowledged as Sponsor of the Week. Go to www.pittsfieldpost.org to download a donation form.

Keeping Pittsfield Clean

Have you seen the orange cigarette buckets around town and dog waste bag dispensers? **Upgraded versions will be coming in the spring.** Also, a reminder, that the buckets are for cigarette butts, not trash and if you use a dog waste bag, please take the bag with you and dispose of it. Thank you everyone, for being part of keeping Pittsfield tidy!

FEBRUARY CALENDAR OF EVENTS

Monday 11am-2pm, 4-6pm Pittsfield Food Pantry
10am-6pm Josiah Carpenter Library
11am-7pm Town Hall

Tuesday 2pm-6pm Josiah Carpenter Library
10am-4pm Pittsfield Clothes Closet
8am-4pm Town Hall

Wednesday 2pm-6pm Josiah Carpenter Library
10-4pm Pittsfield Clothes Closet
1-4pm Town Hall

Thursday 11am-2pm Pittsfield Food Pantry
10am-6pm Josiah Carpenter Library
8am-4pm Town Hall

Friday 8am-4pm Town Hall

Saturday 10am-2pm Josiah Carpenter Library
10am-3pm Pittsfield Clothes Closet

1 Monday 7:30 pm American Legion Peterson Cram Post 75 Meeting, Town Hall

2 Tuesday 9-11am Diaper Pantry, First Congregational Church

3 Wednesday 7pm School District Budget Deliberative Session, PMHS Gym, Snow Date is February 4

4 Thursday 5:30pm, School Board Meeting, PMHS Lecture Hall and public access via Zoom

6:00pm Zoning Board of Adjustment Meeting, Town Hall

6 Saturday 10am Snow Date Town Meeting Deliberative Session, PMHS Gym

9 Tuesday 6pm Selectboard Meeting, Town Hall

6:15pm Parks and Recreation Meeting, Bicentennial Room, Pittsfield Community Center

11 Thursday 7pm Planning Board Meeting, Town Hall

13 Saturday The Josiah Carpenter Library will be closed

15 Monday The Josiah Carpenter Library and Town Hall will be closed

16 Tuesday 9-11am Diaper Pantry, First Congregational Church

4:30-6pm Pittsfield High School Tuition Study Committee Meeting via Zoom

17 Wednesday 5pm Library Trustees Meeting, Josiah Carpenter Library

18 Thursday 5:30pm, School Board Meeting, PMHS Lecture Hall and public access via Zoom

22-26 Monday-Friday Pittsfield School District Winter Break

23 Tuesday 6pm Selectboard Meeting, Town Hall

25 Thursday 7pm Conservation Commission Meeting, Town Hall

26 Friday 10am Pittsfield Post Volunteers Meeting, Bicentennial Room, Pittsfield Community Center

Happy New Year!

All the Best in 2021!



*From The
Pittsfield Historical
Society*



Snow Bunny Hidden Picture



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We look forward to hearing from you!

www.pittsfieldpost.org

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2nd Shift - Monday thru Thursday 3:30PM – 12:00AM
and Friday 2:30PM – 11:00PM
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OUR PEOPLE MAKE A DIFFERENCE!

We want to help you to build a meaningful career that you're passionate about. You'll be able to accomplish great things because you're given the training, tools and opportunities to enable you to reach your full potential. If these things sound good to you, apply now - your future is waiting!

Per CDC Guidelines, temperature monitoring will be conducted prior to entering the building and masks are required. Masks will be provided if you do not have one.

Production Associates:

- **Stitching** – Single and double needle (Adler, Juki, Pegasus, Tajima industrial machines)
- **Embroidery**
- **Trim Set** (Kansai machines)
- **Eyelet, Rivet, Label Sealing, Top Stitch Post, Cuff, Binding, Bartack**
- **Inspection**
- **Cutting**
- **Bagging, Prepping, Sealing**

Apply to: <https://careers-msasafety.icims.com/>

Every day, the folks at Globe come to work, knowing that what they do will enhance the lives of firefighters everywhere.