# PITTSFIELD POST

A FREE WEEKLY PRODUCTION BY COMMUNITY VOLUNTEERS

"With freedom comes responsibility." Eleanor Roosevelt

**JUNE 29, 2022** 

#### **New Hampshire Heritage Trail**



American Independence Museum, Exeter, NH

Would you like to expand your knowledge of NH, and go on some fun day trips at the same time?

With over 300 years of history to explore, the trail museums bring to life the New Hampshire independent spirit that is still alive and vibrant today. The mission of the NH Heritage Museum Trail is: Connecting the public with culturally rich heritage institutions in New Hampshire.

New Hampshire Heritage Museum Trail Passport Program allows visitors to experience 21 different museums. Passports (\$150 value) are available for purchase at each participating museum for only \$25. The Trail Passport provides buyers with one free admission ticket to 21 of the museums that are part of the museum trail.

The Passport is good for one person for one year from the date of purchase, and is non-transferable. The Passport includes brief summaries of the museums, organized by location and category that can be stamped upon entry. For more information go to Nhmuseumtrail.org Melissa Babcock

# The Eats, <u>Yes</u>, the Yummy Old Home Day Food

Old Home Day celebrations were created to encourage far flung friends and family to gather and enjoy each other's company. When people gather you know there is going to be food. Every year home-cooked feasts and barbeques with all the fixings are prepared all over town. Community banquets for significant events are also held, most recently for the Pittsfield High School All Class Reunions. Through the years church hosted breakfasts, lunches and suppers have been especially frequent; with Park Street Baptist and Saint Stephen's continuing the tradition into the twenty first century.

Following the 2022 Old Home Day parade, the Parks and Recreation Committee will continue to host their annual barbecue at the F.B. Argue Recreation Area (aka the town beach) on Clark Street. Along with delicious hamburgers and hot dogs there will be plenty of games for children of all ages, and work will begin on a community mural organized by the Josiah Carpenter Library! Old Home Day Committee



The Post Volunteers will be observing Independence Day.

The next PITTSFIELD POST will be published on July 13, 2022.

#### Town Crier Andrea Riel 603-435-6346

pittsfieldtowncrier@hotmail.com

Pittsfield Old Home Day is Saturday, July 23. The theme for the day is "OCEAN WAVES & BEACH DAYS". Some of the things going on.....Fri night -Free Outdoor Movie 8:30pm-Location TBD, Sat: 7-9am - PES Runs for Autism at Drake Field, 10am PARADE (NOTE NEW TIME & Route will be shortened), 11:30am - FUN AT F.B. ARGUE RECREATION AREA (aka Town Beach) - Cookout (Burgers & Dogs for sale), Lawn Games, Carnival Games, Face Painting, Photo "Booth", Walk About Hot Air Balloon, Sandcastle Building, Beach Towel Origami, JujuBee, the Clown -Balloon Twister, Duck Race, Community Mural....and free swim and visiting! 2pm - Pittsfield Historical Society Dedication on new headquarters and Open House! At Drake Field -7:45pm - Pittsfield Citizen of the Year Presentation, 8pm - Nevers Band Concert and end the day with Fireworks! Plan to spend the day in your "home" town of Pittsfield. Organizations, Groups, Businesses and Classes - how about entering a float in the parade?! Contact Andi Riel at pittsfieldtowncrier@hotmail.com or (603)435-6346.

The Drake Field Summer Recreation Program will run from June 28 - August 4 under the direction of Louise Sawyer. The anticipated activities will include sports, arts and crafts, children's games, and field trips. Children must enroll and only those children will participate. Field trips will be limited to 45 children. Some field trips will cost money and official field trip permission slips will be required. Activities will be canceled on rainy days. Children will be dismissed to walk home unless being picked up by a parent. All activities will be outside. Plan to come down and enjoy the fun. For more information or to find out how to sign-up, call Mrs. Sawyer at (603)269-6733.

The F.B. Argue Recreation Area (aka...Town Beach) is open. Family passes are available for \$50, or you can pay the \$1-a-day admission. Daily admission for non-residents is \$1.50 per person. Children under 5 are admitted free with a paid adult. The Beach Area will be open for swimming Monday - Friday 12-5pm. The big change this summer is that we have raised the minimum age to 10 years old for children to be there without an adult, and parents will be asked to sign a copy of the rules. The concession stand will be open. Non-Red Cross swimming lessons will be offered this summer at the F.B. Argue Recreation Area. Swim lesson sign-up sheet can be obtained and Registration will be held at the recreation area. The dates for the sessions will be as follows: Session 1- Daytime: Monday, June 27- Friday, July 8 Session

2- Nighttime: Monday, July 11- Friday, July 22.. The cost for swimming lessons for Pittsfield residents is \$15 per child per session, non-residents \$30 per child per session. Questions can be answered by calling (603)290-4068 or (603)435-7457 during hours of operation.

What's Up at PYW. There are lots of exciting activities planned! We have trips scheduled for most Tuesdays and Thursdays throughout July and August, so check out our calendar. Our summer Drop-In hours will be the following days & hours: Monday, Wednesday, Friday from 2-6pm. Sign-up for our texting notifications and you'll never miss a reminder or update again! To opt-in to our messages text us @ (603)234-9788

The Pittsfield Senior Center is happy to be open once again. As the summer continues programs will be added. If you have an idea that you would like to share please contact Anne at 603-435-8482 or stop by to see her. Hours of Operation: Monday, Wednesday thru Friday 8:00am – 1:00pm, Tues 9am-12pm -Office hours only no events are occurring at the center unless stated otherwise.

The Josiah Carpenter Library is collecting plastic bottle caps for a community mural at the town beach. Please save them and drop them off at the Library!

The Mead and Read Book Club is underway. The group decided on Dan Brown's Da Vinci Code and will meet again at Over the Moon Farmstead in Pittsfield on July 11th at 6:30pm to discuss it. If you're interested, please contact the library to reserve your copy of the book! (603)435-8406

The Suncook Valley Rotary Club is in need of Volunteers to help at the Balloon Rally. Please contact Fallon Reed at suncookvalleyrotary@gmail.com

The Suncook Valley Area Lions Club will meet on Tuesday, June 28 at 6pm at the First Congregational Church. Please enter from the parking lot on Chestnut Street.

Tuesday, July 5, 9-11am: First Congregational Church Infant Toddler Diaper Pantry. Please use the parking lot entry off of Chestnut Street. Families can receive supplemental diapers. The pantry will be accepting donations of diapers and wipes. For information call (603)435-7471.

**Happy Birthday** wishes to Cody Osborne last Monday and to Kyle Blais on Tuesday. I hope you both enjoy your special day! A VERY special Birthday wish to my Great Nephew, Lincoln Riel. He turns one on Saturday!

#### To my constituents in Pittsfield,

This is my last letter here: redistricting changed my district to include Hooksett and Dunbarton instead of Pittsfield. You're still welcome to write me and to get my newsletter, but you will have two representatives shared with Chichester who should be your first choice.

I was prime sponsor for eleven bills this year. HB 72, building code amendments, was killed because it duplicated SB 15, which passed. HB 628, legalizing possession and home grow of cannabis, was killed in the Senate (after passing the House 241-113!)

HB 1016, licensing speech-language specialists in schools; HB 1062, electrology licensing clarification; HB 1192, on acupuncture licensing; HB 1288, on names and titles in the department of administrative services; and HB 1398, studying centralized criminal records checks in schools, have all been signed by the governor. HB 1681, updating the state building code, is on its way to his desk.

HB 1061, on the midwifery council, and HB 1191, including duplexes as well as single family homes from the licensing requirement for plumbing, electric and gas fitting, are both in interim study in my committee. I expect them both to be resubmitted next year, in a modified form.

HB 1563, auto-enrolling new state employees in the deferred compensation plan, was killed after the public hearing convinced me that it should not be a legislative mandate, but rather something agreed on by the employees and their management.

Have a great summer! Representative Carol McGuire, mcguire4house@gmail.com

#### Do you enjoy reading the Pittsfield Post?

Please show us your support with a donation, or by sponsoring a week of publication. We look forward to hearing from you! www.pittsfieldpost.org

# MATRAS SMALL ENGINE REPAIR TUNE-UPS, REBUILDS, REPAIRS MOWERS, SNOWBLOWERS, GENERATORS, TILLERS, SAWS, ETC ASA MATRAS 821 CATAMOUNT RD PITTSFIELD NH 03263 HOME 603-435-8214 CELL 603-312-6909 PICKUP / DELIVERY AVAILABLE

#### Pittsfield High School Class of 2022 Scholarship Recipients

**Pittsfield Youth Workshop Scholarship**- Cassandra Boyd

**Pittsfield Police Association Scholarship**-Cassandra Boyd

**PMHS Alumni Association Scholarship**- Dalton Swenson, Matthew Swenson

**PMHS Boosters Club Scholarship**- Dalton Swenson, Matthew Swenson

Suncook Valley Rotary Club Scholarship- Ashleigh Hodson

**Nathan Vincent Memorial Scholarship**- Dalton Swenson, Matthew Swenson, Ashleigh Hodson

**Pittsfield Clothes Closet Scholarship**- Cassandra Boyd, Dalton Swenson

Edmond J. Stapleton III Scholarship- Ashleigh Hodson

Forrest B. Argue Scholarship- Corey Holland

Florence Batchelder Trust Scholarship- Cassandra Boyd

Lt. John Dunne Scholarship- Matthew Swenson

Pittsfield VFW Post #4029 In Memory of Richard Vien Scholarship- Dalton Swenson

Frank Donovan Scholarship- Matthew Swenson

Greater Pittsfield Citizens Scholarship- Corey Holland

I am College Bound Scholarship- Cassandra Boyd

St. Stephens Episcopal Church Scholarship- Dalton Swenson

**Foss Scholarship Seniors Class**- Dalton Swenson, Matthew Swenson, Cassandra Boyd, Ashleigh Hodson

Foss Scholarship Past Graduates- Jessica Rainville, Paige Provencal, Jolene Wood, Victoria Lee, Julianna Hodson, Jesse MacGlashing, Nyah Straight, Amber Johnson, Harrison Hill, Jah Gordon

### **Pittsfield Food Pantry Thank You**

We would like to thank the Pittsfield Middle High School for their donation of money they made from the Empty Bowls fundraiser. Thanks again for your generosity, the money will help feed a lot of local people.

Thanks again from your local food pantry.

#### **Cook's Corner**

Get your "Mexi" on! With the warm temps of Summer settling in, this is actually a great time to think about pulling out the slow cooker. You can make great low & slow dishes



without heating up the kitchen. Here are two recipes that are easy to bring to the table, and sure to please the crowd.

Serve the Carne Asada with warmed corn or flour tortillas; and don't forget to add a good Pico de Gallo. For other toppings try either sliced avocado or guacamole, and cotija or shredded Cheddar cheese. Round out your feast with Spanish Rice and corn. The Corn & Black Bean Salsa is terrific as a dip for chips; and it's also great as a topping for fish tacos or on grilled steak or chicken. Grab those Coronas that you chilled and extra napkins. Fiesta! Ole mi amigos! *MP Christakos* 

#### Carne Asada - Slow Cooker

2 lbs flank steak

1 tsp paprika

1 tsp cumin

1 tsp chili powder (or 1 TBSP as desired)

1 tsp salt

½ tsp black pepper

1 tsp onion powder

1 tsp garlic powder

1 tsp oregano

2 TBSP olive oil

¼ cup orange juice

14 cup lemon juice

14 cup lime juice

1/4 cup soy sauce

2 TBSP white vinegar

In a small bowl, whisk together the spices, then stir in the oil. Rub  $\frac{1}{2}$  of the spice mixture on one side of the flank steak, and the other  $\frac{1}{2}$  of the spices on the other side of the meat.

In a separate bowl, whisk together the orange, lemon and lime juices and the soy sauce and vinegar.

Lightly spray the bottom of the slow cooker bowl with cooking spray. Pour half of the juice mixture into the bowl. Place the meat on top, then pour the remaining juice mixture over the top of the meat. Cover and cook on LOW for 6 hours.

Once done, remove the steak from the cooker to a platter and let it rest for 5 to 10 minutes. Using a serrated edged knife, cut the meat against the grain.

Carefully return the meat to the slow cooker and gently stir to coat the meat with the sauce. Serve the Carne Asada with corn or flour tortillas, Pico de Gallo is a must for this. For other toppings try either sliced avocado or guacamole, cotija or shredded Cheddar cheese. Round out your feast with Spanish Rice and corn.

#### Corn & Black Bean Salsa

1 can Rotel seasoned tomatoes (mild or hot, your choice)

¼ cup chopped cilantro (from pre-made cups in produce aisle)

2 TBSP olive oil

1 TBSP cider vinegar

1 tsp sugar

1 can corn kernels, drained

1 can black beans, drained & rinsed

1 small red onion, finely diced

Combine all ingredients in a bowl and chill before serving.

#### **Pittsfield Parks and Recreation Update**

The Pittsfield Parks and Recreation commission is pleased with the support we've gotten from the town during our opening days last week. We are grateful to our capable staff that make the recreation area run smoothly day to day. Amber Johnson is leading that group as Director. Abraham Marcotte has returned this year as a Lifeguard. Micah Sayman and Brayden Pelletier are helping watch the beach area as Beach Attendants. Michaela StGeorge has returned as Gatekeeper and Jeremiah Chapman has joined the crew as a Gatekeeper. All of these young people are a credit to our community and we are lucky to have them as employees. If you have not been to the beach area, consider stopping in and joining in the fun! Here's hoping for a safe, fun filled summer! Minnie Plante, Chairperson Parks and Recreation

#### Want to see the pictures in color?

Subscribe to receive the *Post* by Email Go to: <a href="https://www.PittsfieldPost.org">www.PittsfieldPost.org</a>
Or scan the QR code



**Grow, Learn, Read Daily Activity**Josiah Carpenter Library

#### **Express your Opinion!**

Do you have opinions or questions you would like to share?

#### **Submission Guidelines**

- Identify yourself and provide contact information.
- 300 words or less; exceptional information may exceed the word limit at the discretion of the Post Content Team.
- Topics may include events, issues, and opportunities about or affecting Pittsfield.
- Please be civil, factual, specific, and clear. No submission is guaranteed publication.

Deadline is noon on Friday via <a href="mailto:pittsfieldnews@pnhcc.org">pittsfieldnews@pnhcc.org</a>

#### **Classifieds**

Pittsfield Community Center Function Rooms available for Rent

Days, Nights, Weekends. Call 603 435-6729 for information

Advertise in the *Post!* Classified rates start at \$3.00 a week.

www.pittsfieldnhcommunity center.org

# 29 COUNTING

Sort items from your grocery bag together.

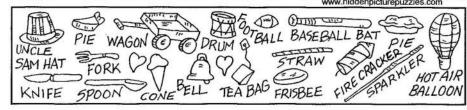
These things go in the pantry.
These go in the refrigerator. What goes in the freezer?

#### **Express Yourself**

We would like to hear and share your opinions. Lots of people share opinions online, why not let us print your ideas here in the *Post*? Let us know what you think. and we will share it. Help us make this publication yours. Email your letters to <a href="mailto:pittsfieldnews@pnhcc.org">pittsfieldnews@pnhcc.org</a>

#### 4th of July Hidden Pictures - There's a Hot Air Balloon!





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# **JULY 2022 CALENDAR OF EVENTS**

#### Mondays,

10am-6pm Josiah Carpenter Library

11am-2pm, 4-6pm Pittsfield Food Pantry

**11am-7pm** Town Hall

#### Tuesdays,

**12:30-6pm** Josiah Carpenter Library

10am-4pm Pittsfield Clothes Closet

8am-4pm Town Hall

#### Wednesdays,

12:30-6pm Josiah Carpenter Library

10-4pm Pittsfield Clothes Closet

1-4pm Town Hall

#### Thursdays,

10am Story Hour at the Town Beach

**11am-2pm** Pittsfield Food Pantry

10am-6pm Josiah Carpenter Library

8am-4pm Town Hall

#### Fridays,

8am-4pm Town Hall

1:50-2:40 PMHS Food Pantry

#### Saturdays,

10am-2pm Josiah Carpenter Library

10am-1pm Pittsfield Clothes Closet

**1, Friday, 1pm** Hazard Mitigation Update Committee Meeting, Town Hall

6:30pm Family Movie Night, Joy Church

- 2, Saturday Josiah Carpenter Library closed
- **4, Monday** BCEP, Library, and Town Hall closed for Independence Day
- **5, Tuesday, 9-11am** Diaper Pantry, First Congregational Church

PMHS Summer Academies Begin

**6:15pm** Parks and Recreation meeting, Recreation Area

- 6, Wednesday, 9:30am Game Day, Senior Center
- **7, Thursday, 5:30pm** School Board meeting PMHS Media Center

**6pm** Zoning Board of Adjustment, Town Hall

- **9, Saturday 8:30-9:30am** Community Breakfast, Joy Church
- 11, Monday PES Summer Program begins

**Noon** Gilmanton Dump Run Gang Concert, Senior Center

**6:30pm** Mead and Read Book Club, Over the Moon Farmstead

- 12, Tuesday, 6pm Selectboard meeting, Town Hall
- **13, Wednesday, 5pm** Community Development Committee, Town Hall
- **19, Tuesday, 9-11am** Diaper Pantry, First Congregational Church
- **20, Wednesday, 9:30am** Ice Cream in a Bag, Senior Center

**10:30am** Library Trustees meeting, Josiah Carpenter Library

**7pm** Suncook Valley Rotary Club meeting, Pittsfield Historical Society

**21, Thursday, 11am** Servicelink Presentation, Senior Center

**5:30pm** School Board meeting, PMHS Media Center

- **23, Saturday** Old Home Day, Josiah Carpenter Library Closed
- **25, Monday, 9am-3pm** VNA Senior Health Clinic, Community Center, call 224-4-93 ext 5815 for an appointment

PES Kindergarten Camp Begins

- 26, Tuesday, 6pm Selectboard meeting, Town Hall
- **27, Wednesday, 5pm** Community Development Committee meeting, Town Hall
- **28, Thursday, Noon-4pm** Pittsfield Youth Workshop Field Day, Drake Field

**6pm** Planning Board Meeting, Town Hall

**7pm** Conservation Commission, Town Hall

**29, Friday 6pm** *Joy* in the Park, Free Cookout, Games and Music, Dustin Park

Do you have a meeting or event you want to share? Email: pittsfieldnews@pnhcc.org

#### The *Post* is Counting on You!

**Dear Readers:**The *Post* needs your help to keep printing this weekly publication. When you're thinking about supporting our community, please send us a donation! Checks should be made out to: **Pittsfield Center Development Corporation, memo:** *Pittsfield Post,* P.O. Box 253, Pittsfield, NH 03263. Thank you!