

PITTSFIELD POST

A FREE WEEKLY PRODUCTION BY COMMUNITY VOLUNTEERS

"When the sun is shining, I can do anything; no mountain is too high, no trouble too difficult to overcome." *Wilma Rudolph*

AUGUST 10, 2022



Chief Peter Pszonowsky, Josh Barker, Jeremy Simms, Heather Luby, Lt. Tim Ahearn, Kristen Ahearn, Danielle Byrne, Deputy Chief Rob Freese

Pittsfield Fire Department Personnel Recognized by Concord Hospital

PITTSFIELD—Last night, Concord Hospital Regional Health System recognized the Pittsfield Fire Department for their prompt assessment, recognition, and life-saving treatment that resulted in saving a life. Members of the Pittsfield Fire Department, in conjunction with Mutual Aid from the Epsom Fire Department, executed their skills, knowledge, and experience on May 28, 2022 to save the life of a 43-year-old Pittsfield resident who was suffering from cardiac arrest. Nobody enters the emergency medical services field for the recognition, but it is always appreciated. Concord Hospital awarded "Life Saved" pins and "Clinical Excellence" certificates to Kris Ahearn, Tim Ahearn, Josh Barker, Rob Freese, Heather Luby, Jeremy Patterson, Peter Pszonowsky, and Chris Ward for their roles and teamwork toward saving this resident's life.

"This is an exceptional group of people who work well as a team and were able to do what was necessary in the critical moments during a cardiac arrest event. I couldn't be more proud of what they accomplished," said Chief Pszonowsky.

"It always feels special when an expert recognizes your work and that is what Concord Hospital did tonight. This provides extra motivation to constantly improve," Pszonowsky concluded. Concord Hospital is a Trauma Level 2 certified facility and also has Cardiac Specialties. Robert Rix, MD/EMS Medical Director and Craig Clough, RP/EMS Coordinator of Concord Hospital saw fit to distinguish this group for their exceptional performance. *Concord Hospital*

Autumn Craft Fair

September 17, 2022

10AM to 3PM

10 Berry Avenue

Pittsfield NH

Free Admission

Proceeds to go to Pittsfield Secret Santa

Crafts for sale

Live music

Refreshments

Raffles

Games



Town Crier

Andrea Riel 603-435-6346

pittsfieldtowncrier@hotmail.com

Tuesday, August 16, 9-11am First Congregational Church Infant Toddler Diaper Pantry. Please use the parking lot entry off of Chestnut Street. The pantry will be accepting donations of diapers and wipes. For information call 435-7471.

Old Home Day Parade winners were: In the Youth Division: 1st – Victory Workers 4-H Club, 2nd- F.B. Argue Recreation Area (aka Town Pool), and 3rd- Pittsfield Youth Workshop; and in the Open Division: 1st- Marston Family Farm, 2nd- Josiah Carpenter Library, and 3rd- The Pittsfield Players. Thank you to ALL who participated in the parade- it was a great time! Congratulations to Janice Oliver for winning the Duck Race.

Sunday, August 7 The second summer service at Friends Meetinghouse (Quaker Church), Dowboro Road in South Pittsfield will be held at 1pm, Nancy Talbott will be the speaker. Everyone is welcome to attend.

Saturday, August 13 Joy Church will hold a FREE Community Breakfast from 8:30-9:30am at 55 Barnstead Road. All are invited to attend.

Saturday, August 13 Joy Church is hosting a Family Block Party from 12-4 pm at Drake Field. Food, Music, bounce house, and games. Bring a chair and a dish to share. Burgers and hot dogs provided.

PES PTO is sponsoring a community-wide used/good condition clothing collection; we are specifically looking for children's size 2T-18. Clothing may be dropped off at the F.B. Argue Recreation Area (aka Town Pool) 12-5 pm, Monday-Friday. Please deliver the clothing bagged, and alert the staff that the donation is for the PTO Clothing Collection. Dates & location will be announced soon for when families come out and leave with some new-to-you clothing for the upcoming school year. Any questions, please email PTO@pittsfieldnhschools.org

PMHS Girls Basketball Program holds open gym Wednesdays and Fridays from 6-8pm for all girls grades 6-12. This is a great opportunity for any student considering basketball to come give it a try. Girls can be experienced, or come to the gym having never picked up a basketball in their life.

Wednesday, August 10 the Senior Center, 55 Barnstead Road at 11am will hold *Recipe Round Up*—Bring some of your favorite recipes to share. Maybe you have a story to go along with your recipe or it's been handed down from past generations. We will make a copy and give you back yours. Then,

wouldn't it be nice to get a copy of "Recipes of Pittsfield Seniors Volume 1?" Go ahead and join this fun event!

Fall Foliage Trip to Vermont with Royal Tours will include Lunch at The New England House and a Tour and Show at the Friesians of Majesty. Friday, September 23, 2022 \$118.00 per person. The deadline is August 22, and the payment is due on September 5. Please contact the Senior Center at 603-435-8482 or Carol at 485-4254. Departure from the Senior Center at 55 Barnstead Road, at 8:30 am and will be home approximately 7:30 pm.

Auditions for the Pittsfield Players' production of *Jekyll & Hyde, the Musical*. Auditions will be held at 7 pm, August 28 & 29 at the Scenic Theater. Show dates: October 28, 29, 30, & November 4, 5. Auditioners will be asked to sing songs, to be designated from the show, read scenes, and should dress for movement. If you have any questions, please feel free to leave a message here or contact Director Marty Williams on FB or email mgwillia55@gmail.com

Happy Birthday wishes to my brother-in-law, Andy Fries and to JoAnne Ward last Sunday, to Fred Hast last Monday, and to Sally Petalas on Tuesday. I hope you all enjoy your special day!

Happy Anniversary wishes to Ben & Bonita Davis on Wednesday, to Merrill & Diane Vaughan and to Sally & Jeff Wardwell on Saturday.



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Cook's Corner

As we continue our mini-series with grilling ideas, this week we're featuring a taste of South America. The grilled Beef & Tomato Skewers are a different twist on the traditional grilled steak. Feel free to use your imagination about what veges to use – whole mushrooms would also be delicious on these. The Peruvian Style Green Sauce is fantastic. You need a blender or a mini-chop, but this sauce is amazing on these beef kabobs. While you're at it, make a double batch and serve it on grilled chicken or fish – it's phenomenal on grilled swordfish or tuna steaks. I've also served this sauce as a fun alternative to traditional cocktail sauce for chilled shrimp. Try it. You'll be delighted! Bon appetit.

Grilled Beef & Tomato Skewers

1 & ½ to 2 lbs boneless top sirloin beef

1 red onion, cut into wedges

1 pint cherry tomatoes

Cooking spray (preferably the one for "grilling")

Bamboo or metal skewers

Cut the beef into 1-inch cubes, trimming any excess fat. Season the meat with salt & pepper. Thread the beef, tomatoes and onion wedges onto the skewers. If using bamboo sticks be sure to soak them in water one half hour before using.

Generously coat each skewer with cooking spray. Heat grill to medium high. Grill the skewers for 8 to 10 minutes, turning frequently, until beef is cooked through.

Peruvian Style Green Sauce

2 to 3 jalapenos, seeded and chopped (depending on your heat index)

1 cup fresh cilantro leaves (cut the cilantro bunch where the woody stems begin, you don't need the stems, just the leaves)

1 to 2 cloves garlic, minced

1 TBSP vegetable oil

1 TBSP grated Parmesan cheese

2 tsp white vinegar

½ cup mayonnaise

In a blender or mini-chop, combine jalapenos, cilantro, garlic, vegetable oil, Parmesan, and the vinegar. Blend on high until a smooth paste forms. Add the mayonnaise and blend until smooth. Transfer to a small bowl, season with salt & pepper if desired.

MP Christakos

Select Board Review July 26, 2022

The week prior, the Board met for the purpose of selecting the new school board member from the five applicants who stepped up. All were worthy candidates, but we could choose only one. The Board unanimously agreed that Adam Cote (a candidate on the March 2022 ballot) would make the best all-around choice. We trust that the School Board will be able to move forward on some important issues now that they have been made "whole."

We believe we have located the oldest resident of Pittsfield and are planning a presentation of the Boston Post Cane for sometime in August.

Two new "Intent to Cut Timber" forms were accepted, an application for Current Use Assessment was approved, two requests for abatement of civil forfeiture (unlicensed dogs) were denied, and an employee evaluation was approved.

Two new "call" employees, Cole Atherton and Jennifer Tedcastle, were hired for the Fire Dept.

The NH Veteran's Home is planning to bring a van to Balloon Rally with some of their residents who have mobility issues, and they asked if they could park on town property on Chestnut St. in order to make it safer to get these folks to the park. We welcome them and see no reason to deny such a request. *Carl Anderson*

Please support the **Pittsfield Post**. Checks may be made out to Pittsfield Center Development Corporation, P.O. Box 253, Pittsfield, NH 03263. Donations are tax-deductible. Donations above \$50.00 may be acknowledged as Sponsor of the Week. Go to www.pittsfieldpost.org to download a donation form.

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THANK YOU PITTSFIELD!!!

The Pittsfield Old Home Day Committee would like to thank everyone who helped to make our Old Home Day event a fun and successful day! Thank you to the following Individuals, organizations & businesses:

- * Suncook Valley Rotary Club for sponsoring the outdoor movie
- * PES PTO for sponsoring the PES Runs for Autism event
- * Powerful You Yoga for the free yoga class on Saturday morning
- * Sandi Adams for providing the ride for our 2022 Pittsfield Citizen of the Year, Minni Plante.
- * Jitters Cafe for the flowers for Citizen of the Year
- * Stan Bailey - Master of Ceremonies, and for providing the Invocation
- * Kevin Kennedy, Vicki Watson & Tracey Stephens for performing the National Anthembeautifully!
- * **ALL THE PARADE PARTICIPANTS!!**
- * Parks & Recreation Commission - for sponsoring the cookout and all the fun things at the F.B. Argue Recreation Area
- * Bob Wharem - Suncook Valley Area Lions Club and Anna Vyce for manning the carnival games
- * Kate Crary for a fabulous job at face painting
- * Adam Gauthier - for being there with the hot air balloon - even though it was too breezy!
- * Judy & Ray Webber for the creative photo booths & the Old Home Day float
- * Melissa Babcock for the fun Beach Towel Origami creatures
- * Jujubee the Clown and BJ Hickman, magician, for providing entertainment for the kids
- * Coach Laroche & PMHS Girls Basketball team for sponsoring the Duck Race (and to Janice Oliver for buying the winning ticket!)
- * Josiah Carpenter Library for sponsoring the plastic cap mural - it is AWESOME!
- * Pittsfield Historical Society – **Congratulations** on the Dedication and Grand Opening of the new museum
- * Roberta Maxfield and Louie Houle for presenting the 2022 Pittsfield Citizen of the Year award to Minni Plante.
- * Nevers Band for a wonderful concert
- * Granite Image for help with all the posters, programs and advertising
- * Jay Darrah & Pittsfield Police Department - for blocking off roads & leading the parade
- * Pittsfield Fire Department - for participating in the parade and helping at the fireworks
- * The crew from Joe Darrah Enterprises for cleaning up the fireworks debris
- * Citizens Bank & Northway Bank for your understanding of closing the streets for the parade
- * Pittsfield Clothes Closet - for a generous donation
- * Globe by MSA - for a generous donation

and finally - Thank you to everyone who came out and braved the heat and humidity to attend the event! Enjoy the rest of the Summer! *Andi Riel*



Post-It in the Post
Community groups, businesses,
and individuals, please send us your
news, opinions, and creative work!
Deadline is noon on Friday.

Email: pittsfieldnews@pnhcc.org
Guidelines: www.PittsfieldPost.org



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