

PITTSFIELD POST

A FREE NEWSLETTER BY COMMUNITY VOLUNTEERS

"Our nation owes a debt to our fallen heroes that we can never fully repay." - Barack Obama **May 22, 2024**

Victory Workers 4-H Club and the Dowboro Farmstead



Our club started in 1942 with leader Ruth Kimball teaching farm-to-table experiences – gardening and food preservation. Then along came other projects like crafts, woodworking, basketmaking, sewing, demonstrations, public speaking and photography, to name a few. Through the years hundreds of members ages 8 to 18 enjoyed “Making the Best Better.” Community service projects hours were in the hundreds, as were the screened volunteer hours spent teaching the members. Members would complete projects and exhibit them at the Hopkinton State Fair in what is now known as the Ruth Kimball Exhibit Hall.

About 30 years ago the Victory Workers implemented the state’s Cloverbud program, allowing ages 5 -7 to receive an introduction to 4-H, teaching the young members the importance of community service, citizenship, safety, and to be creative. Each of these members were allowed to exhibit 3 projects a year into the exhibit hall. Since then 476 children have participated in the program.

In 2005 Tom Locke of Barnstead introduced the Farm to Table experience all over again, as many families had stopped raising their own animals and plants. Our club once again took notice and added additional garden classes and animal science projects at club level. We added outings at Barnstead’s “Gathering on the Green”, Tractor Supply, Duane’s Family Farm, Barnstead Farm Day, and Belknap County Day to our already busy outings at Pittsfield Old Home Day, Epsom Memorial Day observance, Pittsfield’s Balloon Rally and the Hopkinton Fair.

In 2015 members started a Farm to Table plan which would include a farmstand to sell their produce. This would allow members to grow their own veggies, donate to the local food pantries FRESH vegetables and then can, pickle, and dry for future use. Members learned to write grants to expand their learning by adding hydroponics. Members would continue to keep records of their projects and submit for County judging. Records then could be turned into Resumes as members approached senior year of school and college.

-Erica Hutson, Victory Workers 4-H **Story will continue with the June 5 edition**

Send the Post Your Messages to PMHS Class of 2024

Do you have a message for the graduates? Then start writing and send it in! We will collect messages through May 30. Messages may be emailed to: pittsfieldnews@pnhcc.org or mailed to *Pittsfield Post*, Post Office Box 253, Pittsfield, NH 03263.



Memorial Day Ceremony

Dustin Park
1pm Sunday
May 26

Pittsfield Town Crier

Would you like an event listed? Contact Andi Riel at pittsfieldtowncrier@hotmail.com or 603-435-6343

Sat, June 1, 8am-3pm - Multi Town Yard Sale, sponsored by the Greater Pittsfield Chamber of Commerce, rain or shine.

Tues, June 4, Is the last day to change your party affiliation before the State Primary Election.

Thurs, June 6, 9am - Scam Alert - at the Senior Center - The Pittsfield Police Department will be giving a talk about the scams that exist and what we can do to protect ourselves.

Fri, June 7, 7pm - The Pittsfield Middle High School Awards Ceremony will be held at the PMHS Gym.

Sat, June 8, 10am - The Pittsfield Middle High School graduation ceremony will be held at the PMHS Gym.

Tues/Wed, June 11-12, 5pm to 5pm - NH GIVES! Please save the date - PYW is once again participating in NH Gives! This is our biggest fundraiser of the year, and all funds raised go toward keeping PYW free for all the young people in our community. If you are interested in helping out, let us know, and feel free to share our posts. NHgives.org.

Thurs, June 13 - Birthday Celebration at the Senior Center. We celebrate all the birthdays for the month. As we get older we start to realize that we have fewer and fewer birthdays left. So we need to celebrate together the ones that we do have.

Drake Field Summer Recreation Program - The summer program will be starting on June 18 and will run until July 26. Hours are 8am-12pm, Monday - Friday, unless there is a field trip. The program is free to Pittsfield children in grades 1-8, with a small charge for some field trips. Breakfast and lunch are provided free for those who want it. The program consists of sports, arts and crafts, games, and field trips. For more information contact Louise Sawyer at 603-267-6733. Louise Sawyer, Drake Field Rec Program

PHS Class of 1984 - It's our 40th Class Reunion this year! Save the date, Sat, Sept. 14, at Murphy's Tap Room in Bedford. More info and invitations will be out soon.

It's time for **Pittsfield's Citizen of the Year!** Many

people deserve to be honored for their actions and their commitment to Pittsfield. Their activities benefit our town. However, only one can be selected for 2024. Please submit (via mail) your nomination with a short note explaining why you think this person should be honored as Citizen of the Year for 2024. Nominations can be sent to Citizen of the Year, P.O. Box 173, Pittsfield, NH 03263. Nominations should be received by Friday, June 21.

Pittsfield Food Pantry will receive \$1.00 for every reusable community bag purchased during the month of May at the Northwood Hannaford.

Dowboro Farm, 615 Dowboro Rd, is open for the season - Thurs-Sat, 9:30am-6pm and Sun 10:30am-4pm. The 4-H Young Entrepreneurs have stocked up the store - please come and check it out!

PYW is open for regular drop-in hours - 3-6pm on Mon, Tues, Thurs & Fri and 1-6pm on Wed. Please contact Ashley or Zach at 603-435-8272 or email at info@pittsfielddyouthworkshop.org for more info for all the great things happening.

Senior Center Schedule For more information or if you have questions, call Anne at 603-435-8482.

Senior Center - Breakfast Bingo! Every other Wednesday the center will be serving breakfast at 9:30am then bingo will follow from 10-11:45am. Our "Breakfast Bingo" dates will be June 5 and June 19. Cribbage players are still welcome.

Senior Center - We will be watching a movie every other Wednesday. The dates are June 12 and June 26. You will get to pick the movie from five different choices. The movie starts at 10am.

Join us every Sunday for **BINGO** hosted by Pittsfield Youth Baseball/Softball Association. They have a great menu of food items along with their games and it all benefits the children of Pittsfield for their baseball/softball programs. Doors open at noon and bingo starts at 2:30pm at 48 Airport Road in Concord.

Happy Birthday wishes to my niece Nicole Grainger Semales and Liz Hast on Mon, May 20; to Cathy McHugh on Tues, May 21; to Jodi Alexander on Wed, May 22; to Jon Ward and my brother-in-law, Fred Blais on Thurs, May 23; to Steph Tuttle and Tina Metcalf on Sat, May 25. I hope you all enjoy your special day! **Happy Anniversary** wishes to Rich and Sarah Hillsgrove on Mon, May 20.

B592 The Bradley Haas Bill passed unanimously on a voice vote renaming part of Rt 127 as Officer Bradley Haas memorial highway. **SB589** allows wastewater discharge surcharges and the collection of information between municipalities. PaA summary of House actions on May 9th....passed by voice vote.

SB576 reporting death of a registered voter(s) by executors within 30 days to the town or city clerk passed 182-180. **SB574** the appointment of a temporary agent for a minor child or incapacitated person and floor amendment passed 352-7. And attaching **HB1853h** / **HB185** relative to parental rights and responsibilities in shared parenting arrangements.

SB537 dealing with absentee ballots use with enhanced restrictions and protections was voted on several times and finally was indefinitely postponed 187 to 179. An interesting dividing line arose as Democrats were for counting ballots before and after Election Day while Republicans were for the one Election Day. **SB532** Requiring all municipalities and school governing bodies to post within 30 days the amount of funds received by the state re vehicles purchased. Passing by voice.

SB481 establishing Juneteenth as a NH holiday was killed 194 -154. **SB462** raising the caps for wrongful death claims passed 191 to 174. **SB459** dealing with children in high conflict family court cases passed 270-94.

SB432 advanced deposit wagering re pool betting on horse racing allows the Lottery Commission to adopt licensing and regulation of such wagers. Failed 296-60

SB426 transporting of marijuana in a motor vehicle, having the same restriction as alcohol passed 194-160.

SB422 changing language in parentage and birth records – from “mother” to “birth parent” was indefinitely postponed 187-178. **SB387** creating a pilot program to give free state parks passes to recovery centers, was tabled, 187-168.

SB383 created additional adjustments to local tax caps based on inflation and population changes passed after amended 184-177. **SB349** having the Wellness and Primary Prevention Council report on a home visiting program for newborns and their families. A floor amendment passing 184-181 made it a legislative study committee instead; and passed, 338-28.

SB185 creating a study committee to examine barriers to discharge for patients in acute care hospitals, was debated and killed, 188-171. Here is something novel... **SB413** dealing with PFAS contamination was amended (184-183) to include **HB1115** re: landlords ability to terminate a lease and passed 188-178.

As always, if you should have any questions catch us at info@ClaytonCyril4House.com. Sincerely, your Representatives *Cyril Aures & Clayton Wood*



Can you find 12 differences in the pictures:



Cook's Corner: Creamy Italian Skillet Chicken with Vegetables

Here's another chicken dinner-in-a-skillet meal that I hope you will enjoy. This takes advantage of summer's fresh

vegetables. If you don't have thin-sliced chicken cutlets, cut regular skinless, boneless chicken breasts in half horizontally, but the pre-sliced cutlets make meal prep easier. Also, using some of the oil from the sundried tomato jar to brown the chicken adds a lot of flavor. Serve this with cooked pasta or orzo on the side, a big salad and maybe some hot crusty rolls to soak up the delicious sauce. Mangia! *MP Christaskos*

- 1 lb chicken cutlets (thin sliced)
- ¼ tsp salt
- ¼ tsp black pepper
- 1 jar sundried tomatoes in oil, do not drain
- ¼ cup of the sundried tomatoes, chopped
- 1 TBSP olive oil
- 1 medium zucchini, halved lengthwise and sliced
- 1 medium yellow squash, halved lengthwise and sliced
- ½ cup vertically sliced onion (red or yellow onion)
- 4 to 5 small cloves garlic, smashed & chopped
- 1/3 cup white wine
- 1 (15 oz) can petite diced tomatoes, do not drain
- 3 oz cream cheese, cut into small cubes
- 1 tsp Italian seasoning (or dried basil and oregano)
- Dash or two of red pepper flakes
- ¼ cup chopped, fresh basil leaves

Season chicken with salt & pepper. Heat 1 TBSP of the oil from the sundried tomatoes in a large skillet. Add chicken and cook, turning once, until browned on both sides. Cook the chicken in batches if necessary. Transfer chicken to a plate and keep warm.

Add 1 TBSP olive oil to the same skillet. Add the onion and garlic, saute for 2 to 3 minutes; next, add the zucchini, yellow squash. Cook, stirring often, until veges are softened, about 2 to 3 minutes. Add the chopped sundried tomatoes. Stir for a minute or so. Increase heat to medium-high, add the wine. Cook, scraping up browned bits, about 2 minutes. Add diced tomatoes & juice, cream cheese cubes, Italian seasoning and a dash of red pepper flakes. Bring to a simmer and cook, stirring often, until the cheese melts, about 5 minutes.

Return the cooked chicken cutlets to the pan, along with any accumulated juices and turn to coat in the sauce. Serve with fresh chopped basil on top.



FREE Preschool for ages 3-5!*

FREE Home-Based program for pregnant parents and babies ages 0-3!*

Head Start Preschools are located in Pittsfield, Franklin, Concord, and Laconia.

Preschool hours are Monday-Friday 8:30 am to 12:30 pm.

Two meals provided daily at no cost to families for preschool children.

Enrolling now for the 2024-2025 school year.

*Eligibility guidelines do apply.

Scan below, visit www.capbm.org, or call 603-225-3295 ext. 1127 or email

Headstart@capbm.org for more information



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4-H GROWS HERE!

DOWBORO FARM

615 DOWBORO ROAD

PITTSFIELD NH 03263

OPENING FOR SEASON MAY 2

OPEN THURSDAY – SATURDAY 9:30 - 6 PM

SUNDAY 10:30 - 4PM

Find the Differences Answers

1. Hat Band
2. Flower on hat
3. Caterpillar horns
4. Flower petals
5. Stripes on pants
6. Blouse
7. Leaf veins above flower
8. Leaf below caterpillar
9. Right wing
10. Left wing
11. Eyes
12. Veins on bottom leaf



Post-It in the Post

Do you have an interesting story to share with your friends and neighbors? Are you part of a community group that has big news? Email:

pittsfieldnews@pnhcc.org by noon on Friday.

Guidelines: www.PittsfieldPost.org

Advertising in the POST

Costs begin at \$4.00 for a brief classified ad.

Guidelines and order forms are located at

www.pittsfieldnhcommunitycenter.org



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June

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="display: flex; justify-content: space-between;"> <div style="border: 1px solid black; padding: 5px; width: 25%;"> <p><u>Pittsfield Clothes Closet</u> Tuesday & Wednesday 10am - 4pm Saturday, 10am -1pm</p> </div> <div style="border: 1px solid black; padding: 5px; width: 25%;"> <p><u>Senior Center Hours</u> Monday & Thursday 8am -1pm Wednesday 7:30am -1pm</p> </div> <div style="border: 1px solid black; padding: 5px; width: 25%;"> <p><u>Historical Society Hours</u> Tuesday 9am-Noon</p> </div> </div> <div style="border: 1px solid black; padding: 5px; width: 25%; margin-left: auto;"> <p>Food Pantry 11am - 2pm 4pm - 6pm</p> </div>						<p>8am-3pm 1 Town Wide Yard Sale</p> <p>5-6:30pm Ham & Bean Supper, South Pittsfield Comm. Center</p>
2	3 6:30pm American Legion Peterson Cram Post 75, Town Hall	4 9-11am, Diaper Pantry, First Congregational Church	5 6:30 pm Rotary Club, Historical Society	6 9am Scam Alert Presentation, Senior Center 5:30pm School Board, PMHS 6pm Zoning Board of Adjustment , Town Hall	7 6:30pm Family Movie Night, Joy Church 7-9pm Senior Awards Night, PMHS	8 8:30am Community Breakfast, Joy Church 10am-12pm Commence- ment Ceremony, PMHS
9 1-4pm, Museum open, Historical Society	10 4pm Josiah Carpenter Library Teen Book Club, Library 6:30pm JCL Mead & Read Book Club, Over the Moon 7pm Pittsfield Chamber of Commerce, Community Center	11 6pm Selectboard Meeting, Town Hall 7:15pm Parks & Rec Meeting, Community Center	12 9:30 am Josiah Carpenter Library Trustee Meeting, Library 5pm Community Development Meeting, Town Hall	13 Noon Senior Center June Birthday Celebration 6-7:30pm 8th grade Achievement Night, PMHS 7pm Planning Board Meeting, Town Hall	14 7pm Patriotic Concert, Congregational Church 7:30pm An <i>Evening of</i> <i>One Acts,</i> Scenic Theatre	15 5-6:30pm Ham & Bean Supper, South Pittsfield Community Center 7:30pm An <i>Evening of One</i> <i>Acts, Scenic</i> Theatre
16 2pm An <i>Evening of</i> <i>One Acts,</i> Scenic Theatre	17 10:30am Pittsfield Post volunteer Meeting, FB Argue Rec. Area 5:30pm Community Supper, Congregational Church	18	19 6:30 pm Rotary Club, Historical Society	20 5:30pm School Board Meeting, PMHS	21	22
23 30	24 6pm Old Home Day Committee, Library	25 6pm Selectboard Meeting, Town Hall	26 5pm Community Development Committee, Town Hall	27 6pm BCEP Meeting, BCEP 7pm Conservation Commission, Town Hall	28	29 5-6:30pm Ham & Bean Supper, South Pittsfield Communitiy Center