# PITTSFIELD POST A FREE WEEKLY PRODUCTION BY COMMUNITY VOLUNTEERS

Sponsored By: Paul Rogers, Mullen Realty Group, (603)848-5565 February 5, 2020

"While it is February one can taste the full joys of anticipation. Spring stands at the gate with her finger on the latch" - Patience Strong

# Embodied Restorative Yoga with Jan and Linda

# Sunday, February 16, 2020, 3-4:30pm at Growing Harmony Services, 121 Hills Road, Pittsfield, NH

You're invited to come home to your senses, nurture, relax, and revitalize your body-mind. Please join us for an inquiry into the innately intelligent, embodied experience through Embodied Restorative. Each month, in this series, we will incorporate an intention for cultivating our capacity for Presence. We incorporate the ancient lineage of yoga and offer restorative yoga postures as well as yoga nidra.

Our sessions are informed by our training in Somatic Experience (SE) as well as our training in yoga. No yoga experience necessary – beginner and advanced practitioners are welcome. Wear loose, comfortable clothing to move free from restriction. Please bring your yoga mat.

Your guides, Linda and Jan, are passionately committed to providing opportunities for growing harmony within the Self and committed to your journey of integration & healing for yourself and this world. Jan can be reached at (603) 731-3855, Jan's website <u>www.integrativeskinnh.skincaretherapy.net</u> Class limited to 11 people. First come - first served.

Registrationisnecessaryatwww.growingharmonyservices.com\$0 - Seva Rate:limited number and must registeronline at least 2 days prior\$15 Community Rate (discounted)

\$20 Sustainer Rate (pays for you)

\$25 Supporter Rate (support others as well as yourself)

## Suncook Valley Rotary Bailey Hotel Outhouse Plunge Contest!



Rotarians, Jeremy Yeaton , Adam Gauthier and Stan Bailey

You may ask yourself what is the *Bailey Hotel* and where is it located? Take a drive by the pond at Globe Manufacturing/MSA and you will see it!

Suncook Valley Rotary Club is selling chances on when the *Bailey Hotel* outhouse will plunge through the ice. If you guess the closest date and time **YOU** will win \$500.00! A webcam will be live soon.

Tickets are \$5 per guess or 3 guesses for \$10.

For more information and tickets go to <u>www.suncookvalleyrotary.org</u> and click on *Outhouse Plunge* under *Site Pages*. Good Luck and thank you for supporting the Suncook Valley Rotary Club!

Want to see the pictures in color? Subscribe to receive the newspaper by email.<u>www.PittsfieldNHCommunityCenter.org</u>



## PITTSFIELD TOWN CRIER

by Andi Riel at 435-6346

pittsfieldtowncrier@hotmail.com

February 5-19, 10:15am - 11:15am

Families, caregivers, and pre-school aged children are invited to the High School each Wednesday. Come to learn about shapes and enjoy some fun activity time outside of the house! When you arrive, sign in at the office and ask for Mrs. Massicotte's *Little Panthers*.

**Friday, February 7, 6:30pm** at Joy Church, 55 Barnstead Road. The church will be hosting a FREE movie, "Dumbo". Please join us for FREE popcorn, drinks, candy, and a fun movie! All Free!!

#### Friday, February 7

The Suncook Valley Sno-Riders' annual Winter Raffle is underway - Prizes are \$500, \$300, & \$200-only 200 tickets will be sold. Ticket price is \$20 and the drawing will be held on February 7. Contact any club member or stop in at St. George Auto Body or call (603) 435-6737.

## Tuesday February 11, 7am - 7pm

NH Presidential Primary voting at the Town Hall.

### Tuesday, February 11, 10am

Watercolor Painting at the Senior Center.

#### Wednesday, February 12, 10am

Cribbage tournament at the Senior Center.

#### Friday February 14, 10:30am

Valentines Day Ice Cream Party at the Senior Center. Please sign up by Wednesday, February 5th.

Monday, February 17, 5-7pm and Saturday, March 7, 11am-1pm at Pittsfield Community Center.

Pittsfield Youth Baseball Association (PYBA) is hosting sign-ups for the 2020 Spring Baseball & Softball Season. Youth ages 4-12 welcomed, experience not necessary. \$50 per player (please ask about scholarships if needed). Come join in the fun! Meet new friends, and PLAY!

Questions? Email pittsfieldyouthbaseball@gmail.com

**Monday, February 17, 6pm** at PMHS Media Center. The planning for the PHS All Class Reunion in July 2020 has begun!! We are looking for ONE member from each Class to act as the Key Contact person – to contact their own classmates and inform them about the reunion. INTERESTED??? Please contact Andi Riel at 435-6346 or pittsfieldtowncrier@hotmail.com for more information. **Happy Birthday** wishes to Maureen VanHorn this past Sunday and to Reny Boyd this past Tuesday. Two of my favorite people – I hope you both enjoyed your special day!

## Select Board Review January 28, 2020

We've met several times this past week, either as regular meetings or work sessions. We finalized the warrant (ballot) so it can go to the publisher.

One item that has taken a lot of time lately is researching town owned property off Dowboro Road, where the Highway Department pit is located. The town owns just under 100 acres between Dowboro Road and the river. A portion of it is currently used for stockpiling dirt material, the salt shed, and police shooting range. A proposed solar garden, which would generate income that would go to the General Fund, must be located so it doesn't interfere with our present uses, nor prevent access to material that may be in the ground that has value to us. There's a lot involved and it's time consuming.

The Sanderson Fund generously granted \$2,000 in funding for an expanded Memorial Day ceremony on May 30, 2020. Our intent is to revive the tradition of having a parade to Floral Park cemetery from some location in town. The fire department is making plans to put on a pancake breakfast the morning of the 30<sup>th</sup> which would be free to unpaid, unelected town volunteers and a guest of each. It will also be available to the public in general, with donations accepted. In addition, to first responders and groups such as scouts and 4H that might want to partake in a ceremony and parade, we are hoping to have a big turnout of veterans.

Carl Anderson

## Josiah Carpenter Library *Ready to Read* Family Activity of the Week

Look at the calendar. Count the number of days until Valentine's Day. Draw a heart around February 14.

## **Presidential Pastimes**

#### Across

#### Down

1. Buchanan enjoyed a duel of words.

 Outside in the summer Hayes' game had wickets and balls.
For inspiration Harrison read the \_\_\_\_\_.
Washington cut a rug.
\_\_\_ gave FDR "knowledge of the world."
TR walked on \_\_\_\_.
Outdoors-man

Cleveland was an expert .

13. Jefferson explored the

16. Tailor Johnson would

18. Pierce put the first \_\_\_\_

19. Polk banned, card

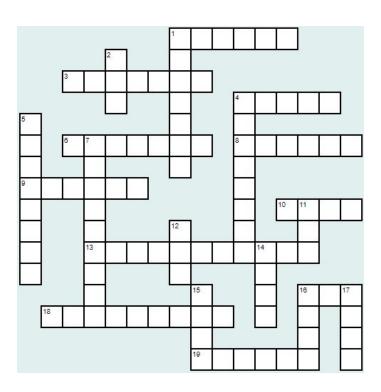
games, liquor, and dancing.

tree in the White House.

past thru

his shirts.

1. was a matter of honor for Jackson. 2. Most popular pet. 3. Hoover loved America's game. 5. As a \_\_ Lincoln would grapple. 7. JQ Adams's pet was a large reptile. 11. Coolidge pitched . 12. Kennedy's pet \_\_ was the first to have an obit. TR preserved wild \_\_\_\_ spaces. 15. Coolidge enjoyed afternoon . 16. Chewing tobacco, Taylor sure could \_\_\_\_. 17. McKinley stepped outside to .



#### Frances A. Marston APRIL 13, 1925 – JANUARY 25, 2020

Frances Arline (Bartlett) Marston, 94, of Pittsfield passed away on Saturday, January 25, 2020. Frances was born on April 13, 1925 in Concord, NH the daughter of Clarence and Amy (Kaime) Bartlett. She was the owner of HA Marston Transportation and Marston Farm with her two sons. Frances retired from NH Savings Bank and then worked at Volpe Realty for many years.

She was a member of Pleiades #7 Eastern Star James Farrington for 60 years, Amomas, Golden Rule Circle, Barnstead Cemetery Association where she was the former Treasurer, lifetime member of the Merrimack County Farm Bureau, Sunday school teacher and pianist, Pittsfield Old Home Day Committee, former Pittsfield Citizen of the year, supervisor of the checklist for 40 plus years, member of the First Congregational Church, treasurer and clerk of the Park Street Baptist Church for many years, and a member of the Pittsfield Historical Society.

Frances enjoyed traveling and, most of all, being with family.

She was predeceased by her husband, Harvey A. Marston; son-in-law, Richard Hayes and a granddaughter.

Members of her family include her two sister-in-laws, Dorothy Burbank and Marjorie Feeny; children, Elizabeth Hayes, Samuel and his wife, Lynne Marston, Thomas and his wife, Tammie and Virginia and her husband, Kenneth Hayes; 12 grandchildren, 20 great-grandchildren, 2 great-great-grandchildren, 2 dear cousins and many nieces and nephews on the Bartlett and Marston sides.

## Community Open Mic Night Postponed until March

The Community Open Mic Night hosted by Youth Leaders with Pittsfield Youth Voice in it Together (PYViiT) of Pittsfield Listens originally scheduled for February 12 is postponed until March. The new date will be shared shortly. Please contact Amanda Pawlik, Youth Organizer with Pittsfield Listens, with any questions: amanda@pittsfieldlistens.org or call/text 603-312-0695.

## Globe Community Fund Awards Grant to Infant Toddler Diaper Pantry

The Globe Community Fund, established by the Globe Manufacturing Company in Pittsfield, recently awarded the First Congregational Church's Infant Toddler Diaper Pantry \$2500. This donation will enable the Congregational Church to continue to help young families in the Pittsfield area.

The Diaper Pantry is open the 1st and 3rd Tuesday of each month, from 9-11am. Families are eligible to receive diapers each time the pantry is open (twice a month), and can receive one set of diapers/product per child, as well as, one package of wipes. The pantry currently has newborn through size 6, along with pull ups and overnights.

Thank you so very much to the Globe Community Fund!

## Introducing a periodic section: THE AGING GAME

Each day closer To the end? Hair grows sparser, Hearing poor, Is this what growing Old is for? By Maureen Van Horn

## **Presidential Pastimes Answers**





Please Support the Pittsfield Post	
Community Center, is is a non-profit organiz: that benefit Pitt Pittsfield Center Dev P.O. B Donations are tax-d	velopment Corporation (PCDC), owner of the the fiscal agent for the <i>Pittsfield Post</i> . PCDC ation whose mission is to engage in activities sfield. Checks should be made out to: elopment Corporation, memo: Newspaper tox 253, Pittsfield, NH 03263 eductible. Donations above \$50.00 can be ledged as sponsor of the week.
Name:	Phone
Address:	
Email Address:	
I would like to have sp	onsorship acknowledgement: Yes No

Text for Sponsorship:

Community organizations, businesses, and individuals, please send the *Pittsfield Post* your news and creative works! Deadline is noon on Friday. Email: <u>pittsfieldnews@pnhcc.org</u>



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