

PITTSFIELD POST

A FREE NEWSLETTER BY COMMUNITY VOLUNTEERS

"The environment is where we all meet; where all have a mutual interest; it is the one thing all of us share." –Lady Bird Johnson

April 26, 2023

PMHS Curriculum Website

Did you know that all of the curriculum documentation for all PMHS courses is available online? We have created a website to make it easier for members of the public to find these documents. The website (<https://sites.google.com/pittsfieldnhschools.org/pmhs-curriculum>) can also be found on the PMHS website under "Parents" on the curriculum page.



The PMHS curriculum website includes all current courses, and links to the "Core Documents" for each course. These documents are written for educators but can also provide parents and community members with more specific course information. The following is a brief description of the materials included in the "Core Documents" for each course:

- Course at a Glance: sequence of units, including approximate timeframes, taught in a course
- Competencies and Rubrics: list of competencies that must be met to "pass" a course, and assessment criteria for each
- Unit Plans: planning documents that include
 - a summary of the unit
 - competencies
 - key learning experiences
 - information about differentiation, instructional, and assessment strategies

Roadside Litter Cleanup

When: Saturday, May 6
9am–Noon
Rain or Shine



Where: Meet at the Drake Field gazebo

Why: To help keep Pittsfield the beautiful place that it is!

Other Details: Please wear bright-colored clothing for visibility. Trash bags, disposable gloves, doughnuts and cider will be provided to volunteers. Hosted by the Pittsfield Conservation Commission



PMHS News

Congratulations to the Freshman Class. They held a successful Middle School Spring Fling Dance fundraiser on April 15 in the Greenleaf Auditorium (PMHS Gym). The dance committee efficiently organized all the decorations, chaperones, and ticketing. What a great way to celebrate the beginning of Spring!

Town Crier

To have an event included in this column, email or call Andi Riel at 603-435-6346.

pittsfieldtowncrier@hotmail.com

Pittsfield Youth Workshop is Hiring! The after school teen center is looking for an energetic and creative individual to help enrich the lives of young people, by providing high quality and fun activities during out-of-school time. Both Full-Time and Part-Time positions available. For more information please visit our website at www.pittsfieldyouthworkshop.org

Pennichuck will be completing a comprehensive flushing of the water mains in Pittsfield as part of their ongoing maintenance program from April 24 – 28 from 8:30am–4pm. This program involves opening flushing valves to create increased water flows, which dislodge and clean out naturally occurring sediment in the pipelines. It may cause colored water and/or low pressure and there could be periods when you are without water. They recommend that you fill bottles with water for use during this time prior to April 24. Please avoid doing laundry during this period of time.

New Hampshire law (RSA 466:1) requires all dogs to be licensed at four months of age. Proof of a valid rabies vaccination is required. The license period is May 1 through April 30, however dogs may be registered in Pittsfield as early as January. Please stop at the Town Clerk's office or visit the website www.pittsfieldnh.gov

The American Legion Peterson-Cram Post #75 will meet on Monday, May 1, at 6:30pm at the Town Hall.

The Victory Workers 4-H Club will meet on Monday, May 1, at 6:30pm at the PES Gym.

On Tuesday, May 2, at the First Congregational Church of Pittsfield, the Infant Toddler Diaper Pantry will be open from 9-11am. Each family receives diapers/product per child in need, and one package of wipes per family. Generally NB through size 6 diapers are available, along with pull-ups and overnights. Please use the parking lot off Chestnut Street. Donations are appreciated! Financial donations, donations of diapers (including open packages) and donations of wipes are always welcomed. Call 603-435-7471 if questions.

The 2023 Foss Scholarship is available to current and past Pittsfield Middle High School graduates. The application deadline is May 3. Please contact the Guidance Office at the High School or visit the town website at www.pittsfieldnh.gov to obtain the application.

Have you ever considered joining the local (Josiah Carpenter Library) book club? We have extra books this month and would love for you to join us! We meet the 2nd Monday of each month at Over the Moon Farmstead, 1253 Upper City Road, at 6:30pm. Books can be picked up at the library during our regular business hours. We'll be discussing "Local Woman Missing" by Mary Kubica on May 8.

American Legion Scholarship Peterson-Cram Post #75 is offering two scholarships to student(s) from Pittsfield Middle High School. If interested, please contact your school counselor for details and eligibility requirements. Forms must be submitted by May 15. Additional American Legion scholarship funds information can be found at: <https://legionnh.org/page/content/programs/scholarships-and-awards>

The Pittsfield Historical Society presents "History of Glass Manufacturing" on Wednesday, May 10, at 7pm at the Pittsfield Historical Society, Oak Street. The presentation of Early Glass Making in NH is presented by Michael George. Mr. George will lead us on an exploration of this glass making history and the various factories. Examples of early NH glass will be on display. The public is encouraged to bring a bottle in for an evaluation/appraisal after the program. This program is free and open to the public. Mark your calendar.

Save the Date, Saturday, July 22, for Pittsfield's Old Home Day and the theme is "Red, White & Blue - It's All Up to You!" For more information, contact Andi Riel at 603-435-6346 or pittsfieldtowncrier@hotmail.com

Happy Birthday wishes to Jeannette Engelmann on April 23, Tracy Demers on April 24, Greg Martin on Thursday and Aunt Rose Kimball on Saturday. **A VERY Special Happy 21st Birthday** wish to my nephew, Nathan Fries, on Wednesday. I hope you all enjoy your special day.

Post Readers,

Imagine if grocery stores were run the same way as state run schools. You'd be assigned to shop at the store closest to your home. The government sends your grocery money directly to the store, not to you. If you wanted to buy from a different store, you could, but the government-provided

store got to keep your government-allocated grocery money. In that monopoly, prices would certainly go up, up, UP! This ALSO means the STORE decides what to sell you. You have no choice. NH needs school choice to sustain good education. Thank you for reading these thoughts, *Kathy Holmes* (Graphic content paid for by *Kathy Holmes*)

And as always, I back up what I say/produce with my source material.

<https://jbartlett.org/2023/04/why-no-one-knows-what-an-adequate-education-should-cost/>

<https://nhjournal.com/nh-school-spending-surged-1-5-billion-as-enrollment-fell-study-finds/>



WE CELEBRATE OUR TEACHERS

In honor of **Teacher Appreciation Week**, May 8–12, we join the community of Pittsfield in expressing our thanks for your commitment and dedication to the education of our students. It is indeed a time for honoring our teachers and recognizing the lasting contributions they make to our lives.

With Sincere Thanks,

Your Pittsfield School Board *Adam Gauthier, Chair,*
Sandra Adams, Vice Chair, Molly Goggin, Adam Cote,
Helen Schiff



Mark your Calendars for *Jack of Diamonds*



The Pittsfield Players presents a comedic mystery "Jack of Diamonds", directed by Carole Neveux, at the Scenic Theatre, Depot Street, Pittsfield, May 19, 20, 21. For tickets: call 603-435-8852 or go to Ticket-Leap www.pittsfieldplayers.com

Cindy's
HAIR AFFAIR



603-435-6711

1 Depot Street
Pittsfield, NH 03263
cell: 603-856-3101

cindyshairaffair2020@gmail.com



Cooks Corner
Salmon with Creamy Mustard & Caper Sauce

Welcome Spring! The daffodils and tulips are popping up and we're all ready to enjoy lighter fare for our meals. I offer up this delightful salmon recipe that always puts me in the Spring mood. The tangy mustard and capers are a nice contrast to the cream and the rich salmon. I like to serve this fish with "smashed" red potatoes (just boiled baby red potatoes that are slightly over-cooked, smash them, add a little butter, a little milk and salt & pepper), and steamed broccoli or a nice salad. Put out a few lemon slices too, it will brighten this lovely dish. *MP Christakos*

- 1 to 2 lbs salmon fillets
- 2 large shallots, finely chopped
- ½ cup white wine
- ½ cup Dijon or other good, grainy mustard
- ½ cup heavy whipping cream
- 1 tsp dried tarragon
- 2 to 3 TBSP capers, drained
- Salt & pepper
- Garlic powder
- 2 TBSP olive oil, divided
- 2 TBSP fresh parsley, chopped

Heat oven to 425. Cut the salmon into serving size portions, if it's a large piece. Pat the fish dry with paper towels, then season with salt, pepper and a little garlic powder.

Heat 1 TBSP olive in a large skillet, add the salmon skin side up and cook for about 4 minutes. Carefully flip the fish over and cook another 2 minutes. Remove salmon to a glass baking dish and keep warm.

In the same skillet, add more oil if necessary and saute the shallots for 3 to 4 minutes, until soft. Add the wine, stir to combine. Then add the mustard, continue stirring, then add the heavy cream, capers and dried tarragon. Pour the sauce over the salmon in the baking dish and roast in the oven for 15 to 20 minutes until the fish is cooked through. Enjoy and bon appetit!



Spring Yoga at Graylag – Tuesday mornings, April 4 - June 6, 9:45-11am. Mary Ellen Shannon, certified yoga teacher and Reiki Master, as well as long-time friend and steward of the land here at Graylag, will be offering an all-levels Hatha flow yoga class. We will meet at Midway Cabin, though as weather and ground conditions allow, we may move outside. You are welcome to arrive earlier or stay a little later to enjoy the marked trails. Come occasionally or come for all sessions. Space is limited so please register.

Volunteer Work Day – Saturday, April 29, 9am-4pm. We will provide lunch for the morning crew and close the day (of course!) with a cookout around the firepit. Join us at 9am for a morning session or at 1pm for the afternoon. Or if you have the time and energy, come and stay all day!

That Reminds Me of a Story – Sunday, April 30, 2pm. Join us for an afternoon of storytelling with Rebecca Rule. Rebecca has made it her mission over the last 20 years to collect stories of New Hampshire, especially those that reflect what's special about this rocky old place. She'll tell some of those stories - her favorites are the funny ones - and invite audience members to contribute a few stories of their own.

Vernal Pool Ecology Walk – Saturday, May 13, 10-11:30am. Mark West, wetland scientist and Graylag board member, will lead a family friendly walk into the woods to visit one of Graylag's vernal pools. Learn about the life cycles of frogs and salamanders and explore why vernal pools are important features of our landscape.

For all events, please call us at 603-435-5555 or email anne@graylagcabins.com with questions or to let us know you are coming. Programs will begin from Midway Cabin, about ½ mile down the driveway at 320 Clough Road. *Graylag Nature Preserve*

LOCAL

1009 Upper City Road
 Pittsfield NH

NH Made Goods

Winter Hours - Open Wed - Sat 10am - 5pm



Valley Artisans in Epsom

The shop opens for the 42nd year of business on April 28, from 10am-5pm. Regular business hours are Wednesday to Sunday, 10am-5pm. Valley Artisans is made up of New Hampshire-only crafters. If you're interested in becoming a part of Valley Artisans please send an email to NH.valley.artisans@gmail.com

MATRAS SMALL ENGINE REPAIR

TUNE-UPS, REBUILDS, REPAIRS
MOWERS, SNOWBLOWERS, GENERATORS,
TILLERS, SAWS, ETC

ASA MATRAS

821 CATAMOUNT RD PITTSFIELD NH 03263
HOME 603-435-8214 CELL 603-312-6909

PICKUP / DELIVERY AVAILABLE

Business Cards • Forms • Business Checks • Brochures
Color Copies • Stationery • Graphic Design • Magnets
Programs • Raffle Tickets • Rubber Stamps
Wedding Invitations and Accessories • Bookmarks
Full Color: Cards • Brochures • Flyers • Labels • Postcards
Customized Promotional Items • Banners • Yard Signs

GRANITE IMAGE

940 Suncook Valley Hwy • PO Box 683
Epsom, NH 03234 • 603-736-6056
print@granite-image.com • www.granite-image.com

BINGO SATURDAYS 6PM

To Benefit

KIDS PYBA FIRST

Pittsfield
Youth Baseball
Association

IBEW Local 490
48 Airport Road
Concord

DOORS OPEN AT 3:30 PM

www.facebook.com/pybabingo

Classifieds

For Sale

Patio Furniture
chairs, umbrellas,
tables, etc.
\$215 for set
Call



table with 4
d, 2 side
wing.
rate.

HELP WANTED

The Pittsfield Parks & Recreation Commission is now accepting applications for lifeguards, beach attendants, and gate keepers for the 2023 summer season at the Forrest B. Argue Recreational Area: Mondays through Friday; reimbursement for certification may be considered. Applications are available on the town website, www.pittsfieldnh.gov or may be picked up at the Town Hall at 85 Main Street, Pittsfield, NH 03263. Deadline is Thursday, April 27.



www.hiddenpicturepuzzles.com



MAY 2023 CALENDAR OF EVENTS

Mondays,

- 10am** Josiah Carpenter Library Story Hour
- 10am-6pm** Josiah Carpenter Library
- 11am-2pm, 4-6pm** Pittsfield Food Pantry
- 11am-7pm** Town Hall

Tuesdays,

- 12:30-6pm** Josiah Carpenter Library
- 10am-4pm** Pittsfield Clothes Closet
- 9am-Noon** Pittsfield Historical Society
- 8am-4pm** Town Hall

Wednesdays,

- 12:30-6pm** Josiah Carpenter Library
- 10am-4pm** Pittsfield Clothes Closet
- 1-4pm** Town Hall

Thursdays,

- 10am** Josiah Carpenter Library Story Hour
- 11am-2pm** Pittsfield Food Pantry
- 10am-6pm** Josiah Carpenter Library
- 8am-4pm** Town Hall

Fridays,

- 8am-4pm** Town Hall

Saturdays,

- 10am-2pm** Josiah Carpenter Library
- 10am-1pm** Pittsfield Clothes Closet

1, Monday, 6:30pm American Legion Peterson-Cram Post 75 Meeting, Town Hall

6:30pm Victory Workers 4-H Club Meeting, PES

2, Tuesday, 9-11am Diaper Pantry, First Congregational Church

3, Wednesday, 4:30pm PMHS Baseball vs Farmington, Drake Field, Softball vs Farmington, Tilton Hill

6:30pm Suncook Valley Rotary Club Meeting, Pittsfield Historical Society

4, Thursday, 5:30pm School Board Meeting PMHS

6pm Zoning Board of Adjustment, Town Hall

5, Friday, 6:30pm *Lyle, Lyle Crocodile*, Family Movie Night, Joy Church

6, Saturday, 8:30am Community Breakfast, Joy Church

9am-Noon Roadside Cleanup, Drake Field

8, Monday, 6:30pm Josiah Carpenter Library Mead and Read Book Club, Over the Moon Farmstead

9, Tuesday, 6pm Select Board Meeting, Town Hall

7:15pm Parks and Recreation Meeting, Community Center

10, Wednesday, 4pm Community Development Committee meeting, Town Hall

7pm, Michael George, Early Glass Making in NH, Pittsfield Historical Society

11, Thursday, 7pm Planning Board Meeting

13, Saturday, 10-11:30am, Vernal Pool Ecology Walk. Graylag Nature Preserve

14, Sunday 1-4pm Museum Open, Pittsfield Historical Society

15, Monday, 10am Pittsfield Post Volunteer Meeting, Community Center

5:30pm Pasta Supper, First Congregational Church

6:30pm PHS All Class Reunion Meeting, PMHS

16, Tuesday, 4:30pm PMHS Baseball vs Portsmouth Christian, Drake Field

6pm PES Parent Teacher Organization Meeting

17, Wednesday, 9:30am Library Trustees Meeting, Josiah Carpenter Library

6:30pm Suncook Valley Rotary Club Meeting, Pittsfield Historical Society

18, Thursday, 4:30pm PMHS Baseball vs Nute, Drake Field, Softball vs Nute, Tilton Hill

5:30pm School Board, PMHS Media Center

19, Friday, 7:30pm "Jack of Diamonds", Pittsfield Players, Scenic Theatre

20, Saturday, 7:30pm "Jack of Diamonds", Pittsfield Players, Scenic Theatre

21, Sunday, 2pm "Jack of Diamonds", Pittsfield Players, Scenic Theatre

23, Tuesday, 4:30pm PMHS Baseball vs Epping, Drake Field, Softball vs Epping, Tilton Hill

6pm Select Board Meeting, Town Hall

24, Wednesday, 4pm Community Development Committee meeting, Town Hall

4:30pm PMHS Baseball vs Franklin, Drake Field, Softball vs Franklin, Tilton Hill

25, Thursday, 3-6pm PMHS Student Film Festival, PMHS Gym

7pm, Conservation Committee, Town Hall

28, Sunday, Memorial Day Observance will be held in the morning